

Activities At Alltnacriche

Activity Programme: 3 day / 2 night stay

(Activity groups will cycle through these activities during their stay)

Please get in touch a minimum of 4 weeks before your stay if you would like to make changes to the activities in **blue boxes**. Options are listed below.

Arrival Day

10:30am	Arrival and welcome talk, bed making and tours of Alltnacriche
12:30pm	Packed lunch (pupils to bring their own for the first day), Duties
1:30pm	Exploration Walk
	Land Grab
4:30pm	Fire Alarm Drill
	Finish Unpacking
5:00pm	Feet off the Floor – Amazing Nature
5:30pm	Dinner, Duties
7:00pm	Whole Group Evening Activity
8:00pm	Supper, Duties
9:00pm	Lights Out

Midweek Day

7:30am	Wake Up
8:00am	Breakfast, Make Packed Lunches, Duties (7:45am for larger groups)
9:00am	Feet off the Floor - Amazing Nature
9:30am	Fire Lighting
	Wood Carving (Shelter building if P5 age group)
12:30pm	Lunch, Duties
1:30 pm	Ropes Course
	Team Challenges
4:30 pm	Free Time
5:10 pm	Feet off the Floor - Amazing Nature
5:30 pm	Dinner, Duties
7:00 pm	Whole Group Evening Activity
8:00 pm	Packing Time
	Supper, Duties
9:00 pm	Lights Out

Departure Day

7:30am	Wake Up
8:00am	Breakfast, Make Packed Lunches, Duties (7:45am for larger groups)
9:30am	Leaving Presentation, Prizes and Certificates
10:20am	Departure ready for 10:30



Theme for Feet off the Floor

'Feet off the Floor' are RME curriculum-based sessions included in the residential package at Alltnacriche. They provide pupils opportunity for reflection over the course of each day and introduce a theme to refer to when building on learning from the residential.

Our current theme is 'Amazing Nature' which encourages pupils to connect with, enjoy and care for the world around them while also exploring some key Christian beliefs. An Experiences and Outcomes document for these can be found in the Useful Resources section of GSS.

Programme Options

If you would like to swap for one of the activities below, please let us know which of the default options **(in blue boxes)** that you would like to replace.

Activity programmes may be subject to weather and instructor availability, if your programme needs amended then we will let you know as early as possible.

Alternative activity options (no maximum number of activity groups)

- ☐ Gorge walk (only available Easter to October, ½ day session would need to replace 2 other activities)
- ☐ Orienteering

Alternative activity options for residential with 4 activity groups or fewer

- ☐ Zip Line
- ☐ Archery
- ☐ Crate climb (½ day session would need to replace 2 other activities)
- ☐ Bouldering (on the indoor climbing wall)

Options for arrival and departure (additional charge)

We need to know a minimum of 4 months before your stay if you are interested in additional activities on arrival or departure. Additional charges are listed on our pricelist.

Activities on arrival day **(orange boxes)**

The Exploration walk and Land Grab in orange are activities which your whole group do together. Depending on instructor availability, and for an additional charge, you may be able to swap these for a small group activity option above (either one ½ day session or two shorter activities).

For residential with 5 activity groups, this opens the possibility of choosing from the list of activities labelled 'for residential with 4 activity groups or fewer' as it introduces an additional small group activity slot to your stay.

Activities on departure

For your departure day, there are many attractions in the local area to choose from. Depending on instructor availability and for an additional charge, we may also be able to offer an activity which your whole group do together at Alltnacriche. This takes departure time to 1:15pm.